

Complete Foot and Ankle Care
of North Texas, P. A.

DENTON

DECATUR

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Complete Foot and Ankle Care of North Texas, P.A. is equipped to handle all your podiatric needs.

Achilles Tendon

Ankle Instability

Ankle Sprains

Foot and Ankle Injuries

Arthritic Foot & Ankle Care

Athlete's Foot

Bunions

Calluses

Children's Feet

Corns

Crush Injuries

Diabetic Foot Care

Flat Feet

Fungal Toenails

Geriatric Foot Care

Hammer Toes

Heel Spurs

Ingrown Toenails

Injuries

Neuroma

Plantar Fasciitis

Warts

Wounds





Laser Therapy

Our Clinic is proud to be on the medical technological forefront by offering MLS Laser Therapy for pain and inflammation, and the Hyperion 1530 laser for treatment of fungal nails. We have invested in the very best technology as a key component of our continuing quest to offer you the finest in health care.

MLS Laser Therapy uses specific wavelengths of light that have a strong anti-inflammatory, anti-edema effect on tissue that is exposed to the laser. Patients with painful conditions accompanied by swelling or inflammation can benefit greatly from this technology.

The Hyperion 1530 Laser System is used as an adjunctive modality for treating the fungal infection in toe nails. Our laser package consists of a comprehensive treatment program, along with take home topical medications to also aggressively treat the infected nail areas as the new, clear nail grows in.

Onsite Diabetic Shoe Store

We are proud to be an in-office dispenser of quality footwear and customization services – including diabetic shoes, molds, compression socks, and other items as an important part of an overall treatment program for patients with diabetes.

Balance Assessment

With the Dynamic Arc Balance Assessment, our podiatrists have the ability to pinpoint the specific area(s) of functional balance loss, and then utilize the appropriate methods and technology to custom tailor a restorative program to suit individual needs. Continued research confirms that the sensitivity of the Dynamic Arc is unmatched when detecting functional balance loss and providing a true objective measure to ensure the appropriate level of care is being provided.

Association of Extremity Nerve Surgeons

Chronic pain in the extremities

can be the result of traumatic injury to a nerve, nerve entrapment syndrome, or complications resulting from systemic conditions like diabetes.

Our podiatric physicians have advanced training in the treatment of peripheralnerve problems of the lower extremity.

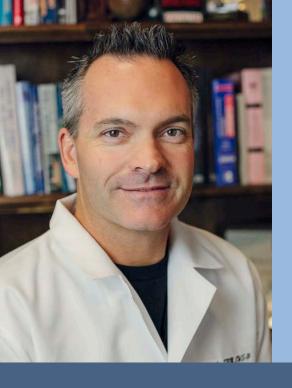
Nail Treatment Center

Located within the Complete Foot and Ankle Care offices, the Nail Treatment Center was born out of a desire to provide our patients with the convenience of full nail spa services in a professional medical environment. We provide quality products and services, clean and sterile instruments, and podiatric medical care as necessary.

The Nail Treatment Center is also open to the public.



Instagram: nailtreatmentcenter Google Plus: Nail Treatment Center



Damien Dauphinée DPM, FACFAS, FAENS, FACCWS, CWS-P

Dr. Dauphinée has a special interest in reconstructive foot and ankle surgery and trauma, as well as peripheral nerve injuries. Board certified in Foot Surgery and Reconstructive Rearfoot and Ankle Surgery by the American Board of Foot and Ankle Surgeons, and in Wound Management by the American Board of Wound Management, Dr. Dauphinée is respected as a trusted expert within the medical community. Throughout his exceptional career, Dr. Dauphinée has been the recipient of numerous fellowships and awards, which have provided unique opportunities to further study and successfully perform innovative procedures.

Dr. Dauphinée also lectures nationally and internationally on the subjects of diabetic limb salvage, hyperbaric oxygen therapy for chronic wounds, and peripheral nerve pathology and treatment. He serves as faculty for the AENS Fundamental and Advanced Peripheral Nerve workshops, training surgeons to treat a variety of peripheral nerve pathologies. He is also Medical Director of Limb Preservation for the Comprehensive Wound Center at Heart Hospital Baylor in Denton.

Lesley Richey-Smith DPM, FACFAS

Dr. Richey-Smith received her Doctorate in Podiatric Medicine from Temple University School of Podiatric Medicine in Philadelphia, PA, where she graduated eighth in her class and was inducted into the Pi Delta National Honor Society. Dr. Richey-Smith is Board Certified in Foot Surgery, and Reconstructive Rearfoot and Ankle Surgery by the American Board of Foot and Ankle Surgeons.

Dr. Richey-Smith has a special interest in pediatric flatfoot reconstruction, as well as older patients who have foot pain secondary to flat feet and arthritic conditions. She also specializes in surgical reconstruction for patients who have had previous trauma. She serves as Medical Director of the Integrity Transitional Hospital Wound Care Center in Denton. Dr. Richey-Smith has a strong interest in teaching and mentoring. She re-located to the Denton area in 2012 with her husband and their two children.





Carl Jay Jr. DPM, MS

Dr. Jay completed his undergraduate and master's degree at California University of Pennsylvania while playing collegiate football. After graduating from the Arizona School of Podiatric Medicine at Midwestern University, he then completed a three year surgical residency at Genesys Regional Medical Center in Michigan, where his focus was elective foot and ankle procedures, trauma, wound care and reconstruction.

Dr. Jay has comprehensive experience in wound care and forefoot to rearfoot pathology. He has lectured on the subjects of traumatic sports injuries, diabetic limb salvage, and treatment of common forefoot deformities. He will also serve as faculty for wound care at Integrity Transitional Hospital Wound Care Center in Denton. Dr. Jay is excited to be in Texas, having joined the Complete Foot and Ankle team in 2016. He loves to practice Tae Kwon Do, participate in organized sports, read, and most importantly spend time with his family.